Produced by Dick Connette, Stewart Lerman, and Loudon Wainwright III, except "Town & Country" by Lorenzo Wolff
Recorded at Hobo Sound - Weehawken, NJ, 2nd Story Sound - NYC, NY, and Restoration Sound - Brooklyn, NY
Engineered by Stewart Lerman, Scott Lehrer, Lorenzo Wolff, and Daniel Alba Mixed by Stewart Lerman at Hobo Sound, Weehawken, NJ
Mastered by Oscar Zambrano at Zampol Productions, NYC

Graphic design by Nathan Golub

LW3 portrait photo by Shervin Lainez Cross Walk photo by Adobe Stock High Dive photo by artpartner-images Lawn Mower photo by Susan Morrison

All songs by Loudon Wainwright III, published by Snowden Music (ASCAP), except "One Wish" by Loudon Wainwright III / Dick Connette, published by Snowden Music (ASCAP) / Two Fourteen Music (BMI)

I Been

Loudon Wainwright III - vocal, guitar, harmonica

One Wish Loudon Wainwright III – vocal

It Takes 2 Loudon Wainwright III - vocal, guitar Will Holshouser - accordion

Fam Vac Loudon Wainwright III - vocal, guitar

Hell
Loudon Wainwright III - vocal, guitar
Chaim Tannenbaum - backing vocal, banjo
David Mansfield - mandolin

Little Piece of Me Loudon Wainwright III - vocal, banjo, percussion, handclaps Chaim Tannenbaum - banjo David Mansfield - violin Tony Scherr - bass Rich Pagano - percussion, handclaps Dick Connette - handclaps

No Man's Land Loudon Wainwright III - vocal, guitar Chaim Tannenbaum – harmonica

Back in Your Town
Loudon Wainwright III - lead and backing vocals, guitar
Chaim Tannenbaum - backing vocal
David Mansfield - 12-string guitar
Tony Scherr - bass
Rich Pagano – drums

Town & Country
Loudon Wainwright III - lead vocal and backing vocals, guitar
Andy Burton - backing vocal
David Forman - backing vocal
Johnny Gale - backing vocal
Alphonso Horne - trumpet
Ryan Wiesheit - alto and tenor saxophone
Dan Levine - trombone
Tony Scherr - electric guitar
Jon Cowherd - Wurlitzer piano, Hammond organ
Andy Hess - bass
Tony Mason - drums, percussion
Horn arrangement by Lorenzo Wolff

Island
Loudon Wainwright III - vocal, guitar
Chaim Tannenbaum - banjo
David Mansfield - Weissenborn guitar
Tony Scherr – bass

It Loudon Wainwright III - vocal Chaim Tannenbaum – vocal Hat Loudon Wainwright III - vocal, guitar

Lifetime Achievement
Loudon Wainwright III - lead vocal, guitar
Andy Burton - backing vocal, piano
David Forman - backing vocal
Johnny Gale - backing vocal
David Mansfield - pedal steel, high-string guitar, violin, viola
Tony Scherr - bass
Rich Pagano - drums
String arrangement by David Mansfield

How Old is 75? Loudon Wainwright III - vocal, banjo Rob Moose - violin, viola, octave viola Gabriel Cabezas - cello String arrangement by Rob Moose

Fun & Free Loudon Wainwright III - lead vocal, ukulele